

**We move forward together - We grow together - We
disciple together**

CYCLE 1 - ONE-TO-ONE DISCIPLESHIP

Ministerios Unidos en una Visión

January - March

CONTENT

Week 1 - What does it mean to be a disciple?

Base text: Matthew 28:18-20

Objective: understand the difference between believing and being a disciple.

Assignment: Read Matthew 28:18-20

Week 2 - Identity in Christ

Base text: 2 Corinthians 5:17

Objective: recognize who I am in Christ.

Assignment: Write 3 truths about my identity.

Week 3 - Spiritual habits

Base text: Psalm 119

Objective: daily spiritual discipline.

Assignment: daily reading 15 minutes

Week 4 - How to read the Bible (SOAP)

Base text: 2 Timothy 3:16-17

Objective: use the SOAP method daily

Week 5 - Prayer that transforms

Base text: Philippians 4:6-7

Objective: daily prayer

Week 6 - Personal evangelism

Base text: Acts 1:8

Objective: share my testimony

Assignment: 3-minute testimony

ONE-TO-ONE DISCIPLESHIP MANUAL

CYCLE 1 - WEEK 1

Topic: What does it mean to be a disciple?

Base text: Matthew 28:18-20

"Go and make disciples..."

Jesus did not say:

- "gather disciples"
- "bring disciples together"
- "entertain disciples"
- "motivate disciples"

He said "make disciples," that is, to intentionally form them.

What does it really mean to be a disciple?

Many think that "disciple" simply means:

- going to church
- believing in God
- listening to sermons

But biblically, a disciple is someone who:

1. follows Jesus
2. learns from Jesus
3. obeys Jesus
4. imitates Jesus
5. teaches others to follow Jesus

We multiply together

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!! Difference between believing and being a disciple !!

Believing is the beginning,
but being discipled is the process of transformation.

There are thousands of believers...
but few disciples.

Jesus never called anyone to only "believe"...
but to follow Him, deny himself, and take up his cross.

The goal of discipleship:

It is not that a person attends church.

It is that a person:

- grows
- is transformed
- becomes like Christ
- produces fruit
- helps another

Discipleship is spiritual multiplication.

4 pillars of discipleship

1. Relationship

Growth happens by walking with someone, not just by hearing sermons.

2. Formation

Learning the Word, not just gaining knowledge.

3. Practice

Not just hearing, but obeying.

4. Multiplication

What I receive, I pass on to another.

!! Questions to discuss !!

- What did you previously understand by "being a disciple"?
- What new teaching did you receive today?
- What areas of your life are not being disciplined?
- Whom could you disciple someday?

Practical activity (10 minutes)

- ✓ Pray together
- ✓ Recognize weak areas
- ✓ Talk about goals for this cycle

Weekly application

Ask the Holy Spirit to show:

- areas where I need to grow
- habits I need to change
- attitudes I need to surrender
- things I need to learn

Assignment

- ✓ Read Matthew 28:18-20
- ✓ Pray 10 minutes daily
- ✓ Write: "What areas do I need to disciple?"

Suggested prayer

"Lord, I want to be more than a believer... I want to be a true disciple. Teach me, correct me, transform me, and use me to bless others. May this cycle not be information, but transformation. In the name of Jesus. Amen."

Encouraging message

If you take this cycle seriously...
your spiritual life will change.
You will never be the same.

Key phrase of the week

Being a disciple is to follow, obey, and reproduce.

Goal of the week

BEGIN the discipleship process:

- ✓ faith
- ✓ growth
- ✓ commitment

ONE-TO-ONE DISCIPLESHIP MANUAL – CYCLE 1

WEEK 2

Identity in Christ

Base text

2 Corinthians 5:17

“Therefore, if anyone is in Christ, he is a new creation...”

INTRODUCTION

Many Christians live as forgiven sinners, but not as adopted children.

They do not know their identity, therefore:

- they do not grow
- they do not advance
- they feel unworthy
- they live accused
- they believe lies from the enemy

Nothing affects our spiritual life more than discovering who we are in Christ.

Fundamental truths about identity

In Christ:

1. I am not what I was before
2. I am not what the enemy says
3. I am not what others think
4. I am not what I feel
5. I am not what I did
6. I am what God says I am

I was transformed

Accepting Jesus is NOT:

- changing religion

- changing habits
- improving my life

It is receiving a new spiritual identity.
I am not reformed... I am new.

What changes in my identity?

The Bible says:

- child of God
- loved
- forgiven
- accepted
- sanctified
- heir with Christ
- temple of the Spirit
- light of the world
- ambassador of Christ

You are not just anyone... you are a child of the King.

Common lies of the enemy

The enemy whispers:

- "You are not worthy"
- "God does not hear you"
- "You will never change"
- "You cannot serve"
- "You are worth nothing"
- "You will always fall"

Identity destroys these lies.

Why do some not change?

Because they do not understand that they have already been changed.

They live as forgiven sinners, not as transformed children.

Practical application

Believing what God says about me requires:

- ✓ faith
- ✓ confession
- ✓ renewal of the mind

We must think what God thinks about us.

Practical activity

Write three truths about your identity in Christ:

1. I am _____

2. I am _____

3. I am _____

Repeat these declarations every day.

Personal declaration

"I am a child of God. I am loved. I am forgiven. I am accepted.
I am new in Christ."

Conversation questions

- What lies did you believe about your identity?
- What truth did you learn today?
- What new truth do you need to believe?

Weekly assignment

- ✓ Memorize 2 Corinthians 5:17
- ✓ Declare who you are in Christ 3 times a day
- ✓ Reject opposing thoughts

Suggested prayer

"Lord, thank You because You made me new. Renew my mind, break lies, and help me believe Your Word about me. I declare that I am Your child and nothing can change that. In the name of Jesus, amen."

Encouraging message

When we change our identity,
our behavior changes.
First identity, then character.

Key phrase of the week

I do not change to be accepted; I was accepted and therefore I change.

Spiritual goal of the week

Convince the heart of what God says about me.

ONE-TO-ONE DISCIPLESHIP MANUAL – CYCLE 1

WEEK 3

Spiritual Habits

Base text

Psalm 119

"Your word is a lamp to my feet..."

Introduction

We do not grow spiritually by emotion; we grow by habits. Christian growth is not automatic; it requires spiritual discipline.

What we repeatedly do shapes who we are spiritually.

What is a spiritual habit?

They are intentional practices that help us:

- know God
- hear His voice
- grow in faith
- strengthen the spirit
- overcome temptations
- walk in obedience

Key principle

One day without the Word = one weaker day.
God speaks through His Word.
The Bible does not only inform; it transforms.

Foundational habits

A disciple develops:

1. Daily prayer
2. Bible reading
3. Meditation
4. Obedience to the Word
5. Fellowship with others
6. Service

Why do some not grow?

Because they depend on:

- emotions
- experiences
- services
- sermons

but they do not develop spiritual discipline.

Attention

A Christian without spiritual habits:

- falls easily
- becomes weak
- grows cold
- gets discouraged
- becomes confused

Spiritual habits are protection.

Habits create maturity

Knowing the Bible is not enough; we must live it.
Christian life requires formation, not just information.

Activity of the week

Create a reading plan:

- 15 minutes daily
- same time
- same place
- no cellphone
- with purpose

Practical suggestion

Start with:

- Psalms
- Proverbs
- Matthew
- John

Perfect for a new believer.

Commitment

During this week:

- read every day
- pray before and after
- underline
- write a key word

Weekly declaration

"Every day I will grow more in Christ."

Questions to discuss

- What habit do you need to start?
- What habit do you need to improve?
- What habit have you lost?

Weekly assignment

- ✓ Read 15 minutes daily
- ✓ Underline 3 new verses
- ✓ Write one key word of the day
- ✓ Share one verse with your disciple

Suggested prayer

"Lord, help me create spiritual habits that transform my life. Give me discipline, consistency, and love for Your Word. Make me grow in spiritual maturity every day. Amen."

Encouraging message

Spiritual maturity is not achieved in one service, but in a process.

Key phrase

Spiritual habits feed my spirit and strengthen my faith.

Spiritual goal of the week

Practice the Word, not just hear it.

ONE-TO-ONE DISCIPLESHIP MANUAL – CYCLE 1

WEEK 4

How to Read the Bible (SOAP Method)

Base text

2 Timothy 3:16-17

"All Scripture is inspired by God..."

INTRODUCTION

Many people have a Bible but do not know how to use it.

They do not know:

- how to start
- how to interpret it
- how to apply it
- how to study it
- how to hear God through it

This week we are going to learn a simple, deep, and transforming way to study the Word.

The Bible is not read like any other book

- it is alive
- it is spiritual
- it transforms
- it corrects
- it speaks
- it guides
- it strengthens
- it confronts
- it renews

It is not only read... it is heard and obeyed.

What is the SOAP method? (This is a term in English)

A practical way to study the Bible:

S - Scripture

Read a chapter and choose a verse that speaks to you.

O - Observation

What is the text saying?

To whom? Why? What does it mean?

A - Application

What does this mean for my life today?

What must I obey, change, or do?

P - Prayer

Pray about what God spoke.

Practical example

Passage: Matthew 6:33

S "But seek first the kingdom of God..."

O Jesus teaches spiritual priorities over material things

A I am putting other things first

P "Lord, help me put Your kingdom first every day"

In 4 steps, transformation already took place.

Spiritual result

- God speaks
- God corrects
- God directs
- God cleanses
- God instructs
- God strengthens

Avoid common mistakes

- ✗ reading without meditating
- ✗ reading without applying
- ✗ reading mechanically
- ✗ reading only out of obligation

Reading without applying = information

Reading and obeying = transformation

Practical advice

- ✓ have a personal Bible
- ✓ underline
- ✓ take notes
- ✓ pray before reading
- ✓ read one chapter daily
- ✓ have a fixed place
- ✓ read without a cellphone nearby

Practical activity

Do a SOAP example together in the meeting:

Suggested verse: Philippians 4:6

Weekly assignment

- ✓ use SOAP all week
- ✓ write 1 verse daily
- ✓ send a photo of the notebook to the discipler

This creates discipline and accountability.

Questions to discuss

- How did you listen to God before?
- What did you learn from the SOAP method?
- What did God speak to you this week?

Suggested prayer

"Lord, speak to me every time I open Your Word. Help me understand and obey what You want to teach me. May Your Word transform my life daily. Amen."

Encouraging message

Every time you open the Bible,
God has something to say to you.

Key phrase

The Bible is not to be read, it is to be obeyed.

Spiritual goal of the week

Learn to hear the voice of God in His Word.

ONE-TO-ONE DISCIPLESHIP MANUAL – CYCLE 1

WEEK 5

Prayer That Transforms

Base text

Philippians 4:6-7

“Be anxious for nothing...”

INTRODUCTION

Many Christians pray only when they are in trouble.

But prayer is not only asking, it is transforming our heart, our peace, and our relationship with God.

Prayer changes us from the inside out.

What is prayer?

It is not a ritual, it is not tradition, it is not repetition.

To pray is to:

- talk with God
- listen to God
- walk with God
- depend on God

Prayer is not an obligation, it is a privilege.

Prayer transforms because it:

- changes my thoughts
- changes my emotions
- changes my decisions
- changes my vision
- changes my spiritual environment
- changes my faith
- changes my attitude

Prayer changes everything!

Common mistake

We think praying is "asking"..
but praying is entering into the presence of God.

If we only ask, we miss the most important thing: His presence.

What prayer produces

When we pray:

- ✓ anxiety leaves
- ✓ peace arrives
- ✓ the mind calms
- ✓ the heart is strengthened
- ✓ faith grows
- ✓ worry is broken

Why do we sometimes "not feel" anything?

Because we seek emotions, not relationship.

Prayer does not work by emotions,
it works by faith and consistency.

Types of prayer (simple)

1. Daily prayer
2. Prayer of gratitude
3. Prayer of surrender
4. Prayer of faith
5. Intercessory prayer
6. Prayer of spiritual victory

Recommended time

10 to 20 minutes daily.

Each day your spiritual capacity increases.

Practical activity

Pray together silently for 3 minutes.

Then pray for one another.

This builds spiritual trust.

Prayer example

"Lord, take my mind, my burdens, my fears, and fill my heart with Your peace."

Questions to discuss

- When is it hardest for you to pray?
- What is the difference between asking and praying?
- What do you want God to transform in you this week?

Weekly assignment

- ✓ pray 10 minutes daily
- ✓ surrender worries to God
- ✓ pray for one specific person
- ✓ share what God spoke to you

Suggested prayer

"Lord, teach me to pray as Your Word teaches. Remove anxiety, fill my heart with peace, and transform my thoughts. I want to walk with You every day. Amen."

Encouraging message

Sometimes God does not change the situation, because first He wants to change the heart.

Key phrase

Prayer does not only change things, prayer changes me.

Spiritual goal

Seek God daily, more than just asking Him.

ONE-TO-ONE DISCIPLESHIP MANUAL – CYCLE 1**WEEK 6****Personal Evangelism****Base text**

Acts 1:8

"you will receive power... and you will be My witnesses"

INTRODUCTION

Every disciple shares the faith.

It is not for "evangelists," it is for ALL believers.

Evangelizing is not knowing a lot of Bible...
it is sharing what Jesus did in your life.

Concerning reality

Millions believe in God,
but few talk about Him.

Result?

- churches that do not grow
- silent disciples
- families without Christ
- people without salvation

The church grows when disciples speak.

What is personal evangelism?

It is sharing Jesus in a way that is:

- simple
- natural
- personal
- kind
- practical

It is not debating... it is loving.

Key principle

I do not convince... the Holy Spirit convinces.
My part is to share, His part is to save.





How to share my faith easily

3 steps:

1. my life before Christ
2. how I met Jesus
3. how my life is now

That is enough.

What we should not do

-  argue
-  attack
-  force
-  condemn

Evangelizing is NOT winning arguments,
it is winning souls.

How Jesus evangelized

- with love
- with patience
- with truth
- with compassion
- with purpose

You do not need to know everything

Many say:

"when I learn more, I will talk about Christ"
and they never speak.

Speak with what you know TODAY.

Places to evangelize

- work
- family
- neighbors
- school
- social media
- church events
- coffee shops
- natural conversations

Questions to discuss

- Whom do you want to bring to Christ?
- Who needs to hear your testimony?
- What prevents you from evangelizing?

Practical activity (very important)

Write your testimony in 3 minutes:

My life before ____
How I met Jesus ____
My life now ____

Then share it with your discipler.

Weekly assignment

- ✓ pray for one person
- ✓ share your testimony with someone
- ✓ invite someone to church
- ✓ share one verse on social media

Suggested prayer

"Lord, give me love and courage to share Your Word and my testimony. Use my life to reach souls, and help me speak with love and wisdom. In the name of Jesus, amen."

Encouraging message

Your story can change eternities.

Key phrase

Every disciple shares Christ.

Spiritual goal of the week

Testify. At least once.

ONE-TO-ONE DISCIPLESHIP MANUAL - CYCLE 1

WEEK 7

Healthy Family

Base text

Joshua 24:15

"As for me and my house, we will serve the Lord."

INTRODUCTION

Discipleship begins at home.

A strong church is born from strong families.

If we want to disciple others, first we must allow Christ to be the Lord of our home.

What does a healthy family mean?

It does not mean a perfect family,
but a family that:

- seeks God
- prays
- forgives
- communicates
- perseveres
- serves
- loves

God wants to heal families

Many families are:

- wounded
- divided
- tense
- cold
- disconnected

But where Christ enters,
restoration enters.

Spiritual priority

Many put first:

- work
- money
- comfort
- entertainment

But the home must be:

- ✓ altar
- ✓ school

- ✓ refuge
- ✓ ministry

Common mistake

Believing that the church disciplines your children.
The church helps, but parents are the first disciples of their children.

What the Bible teaches

God desires:

- strong marriages
- responsible parents
- instructed children
- spiritual homes

Practical principles for the home

1. family prayer
2. reading the Bible together
3. times of conversation
4. quick forgiveness
5. speaking with love
6. discipline with love
7. serving God together

Weekly family activity

Family prayer 2 times this week

- ✓ together
- ✓ 5 minutes
- ✓ simple
- ✓ with purpose

For example:

- give thanks
- ask for protection
- pray for one another

Questions to discuss

- Is there something that needs healing in your family?
- What family area needs God's touch?
- How can Jesus be Lord at home?

Weekly assignment

- ✓ pray as a family 2 times
- ✓ read one verse together
- ✓ ask for forgiveness if necessary

Suggested prayer

"Lord, enter my home. Restore, heal, transform, and unite my family. May Your presence be felt in our house. Help us serve You together. In the name of Jesus, amen."

Encouraging message

When Jesus enters a family,
hope enters.

Key phrase

My family is my first ministry.

Spiritual goal

Turn the home into a family altar.

ONE-TO-ONE DISCIPLESHIP MANUAL – CYCLE 1

WEEK 8

Growth and Character

Base text

Galatians 5:22-23

“But the fruit of the Spirit is...”

INTRODUCTION

Being a disciple is not knowing more Bible, it is becoming more like Christ.

Many think the Christian life is only:

- learning
- serving
- attending

But God is forming within us a CHARACTER like Jesus.

Spiritual growth is internal

God changes:

- thoughts
- attitudes
- responses
- habits
- decisions

God's greatest work is inside, before outside.

Fruit is evidence

The “fruit of the Spirit” is a list of what Christ looks like in me:

- love
- joy
- peace
- patience
- kindness

- goodness
- faithfulness
- gentleness
- self-control

They are not gifts, they are fruit = CHARACTER.

Difference between gifts and fruit

Gifts = what I do

Fruit = what I am

There are people with gifts, but without character.
God wants both, but He begins by working on the inside.

Character is formed...

- in trials
- in difficulties
- in disappointments
- in uncomfortable situations
- in processes
- in hard seasons

Processes that form character

God uses:

- ✓ difficult people
- ✓ difficult moments
- ✓ corrections
- ✓ slow processes
- ✓ frustrations

to form Christ in us.

Without character there is no maturity

An immature disciple:

- gets angry quickly
- is easily offended
- criticizes a lot
- leaves when something is not liked

A mature disciple:

- forgives
- prays
- trusts
- keeps growing
- learns in the process

The fruit of the Spirit is NOT produced alone

It is not human effort, it is the work of the Spirit.
I obey → the Spirit produces.

Practical activity

Write which fruit of the Spirit you need God to strengthen most in your life this week.

Questions to discuss

- What part of your character is God working on now?
- What process are you living?
- Through what situation is God forming you?

Weekly assignment

- ✓ memorize Galatians 5:22-23
- ✓ ask the Holy Spirit to work on a specific fruit
- ✓ identify an area where you need to grow in character

Suggested prayer

"Lord, form Your character in me. Help me respond like Christ, think like Christ, and live like Christ. Work in my heart, shape me, and do Your work in me. Amen."

Encouraging message

God is not in a hurry,
but He does not stop.

Key phrase

Gifts impress, character remains.

Spiritual goal

Allow the Spirit to form Christ within me.

ONE-TO-ONE DISCIPLESHIP MANUAL – CYCLE 1**WEEK 9****Spiritual Warfare****Base text**

Ephesians 6:10-18

"Be strong in the Lord..."

INTRODUCTION

Every disciple must understand that the Christian life is not only faith... it is spiritual battle.

When someone decides to follow Christ, they enter a real war, but they also receive real authority.

Why spiritual warfare?

Because we have a spiritual enemy who:

- accuses
- deceives
- divides
- confuses
- attacks
- tempts
- discourages

The devil does not fear a weak believer,
but a firm disciple.

Spiritual reality

There are two kingdoms:

- Kingdom of God
- Kingdom of darkness

And they are in conflict.

The war begins in the mind

The enemy attacks:

- thoughts
- identity
- emotions
- convictions
- relationship with God
- spiritual security

That is why the Bible says "renew the mind."

The enemy uses 4 weapons

1. doubts
2. lies
3. fear
4. temptation

Spiritual protection

God gave us armor, not only faith:

1. belt of truth
2. breastplate of righteousness
3. gospel of peace

4. shield of faith
5. helmet of salvation
6. sword of the Spirit

Without armor → vulnerability

With armor → victory

Important

Jesus won on the cross.

We fight from victory, not for victory.

Prayer is a weapon

The battle is won by:

- praying
- declaring the Word
- resisting
- believing

We do not fight with human strength,
we fight with spiritual power.

What causes spiritual warfare?

When you:

- decide to pray
- seek more of God
- begin discipleship
- want to serve
- want to change

The enemy attacks what God wants to raise up.

What to do when you feel warfare

- seek God, not withdraw
- read more, not less
- pray more, not less
- draw closer to the church, not away

The attack confirms your growth.

Practical activity

Read Ephesians 6:10-18 together.

Identify which spiritual piece you need most today.

Questions to discuss

- In which area do you feel the most attacks?
- What spiritual weapon do you need to use more?
- How can you strengthen your spirit?

Weekly assignment

- ✓ read Ephesians 6 every day
- ✓ pray 10 minutes out loud
- ✓ declare victory in Christ

Suggested prayer

"Lord, strengthen my spirit, renew my mind, and protect me from the enemy. Teach me to use Your armor, to fight in prayer, and to remain firm in Your victory. In the name of Jesus, amen."

Encouraging message

If the enemy is attacking you,
it is because God is raising you up.

Key phrase

The devil fights to stop you, because God called you to advance.

Spiritual goal

Learn to fight spiritually with authority and faith.

ONE-TO-ONE DISCIPLESHIP MANUAL – CYCLE 1

WEEK 10

Service and Calling

Base text

1 Peter 4:10

"Each one according to the gift he has received, minister it to one another..."

INTRODUCTION

Every believer has a divine purpose.

We were not saved only to go to heaven, but to serve here on earth.

God does not call spectators; He calls workers.

God gave us gifts

All disciples have:

- gifts
- talents
- abilities
- callings
- purpose

There is NO such thing as a Christian without purpose.

Service is obedience

Serving is not a favor to the church,
it is obedience to God.

Whoever serves, grows.

Whoever only attends, stagnates.

Why serve?

Because it:

- strengthens your faith
- gives meaning to your life
- connects you to the church
- produces joy
- builds maturity
- multiplies your impact

Service develops you spiritually.

Common lie

"Minimum time, minimum commitment, maximum benefit."

That is not Christianity, that is consumerism.

We are called to give our lives, not just our presence.

Jesus served

Jesus:

- healed
- delivered
- taught
- gave His life

He did not come to be served, but to serve.

That is our highest example.

Discovering my area of service

Key questions:

- What are you passionate about?
- What brings you joy?
- What comes easily to you?
- What would you like to learn?
- Whom do you want to serve?

There is a clue to your calling there.

Common areas of service

- children
- youth
- welcome
- production
- worship
- evangelism
- prayer
- multimedia
- maintenance
- missions

Everyone has a place.

Questions to discuss

- Where would you like to serve?
- What area do you need to explore?
- What steps can you take today?

Practical activity

The disciple helps the disciple connect with an area and sign up.

It may be a short conversation with a leader to integrate them.

Weekly assignment

- ✓ talk with a ministry leader
- ✓ visit a ministry
- ✓ pray for God to confirm your calling

Suggested prayer

"Lord, thank You for the gifts You placed in me. Teach me to serve You with passion, surrender, and humility. Show me my place in Your church and use me to bless others. Amen."

Encouraging message

Where you serve, you grow.
Where you stay still, you stagnate.

Key phrase

Service reveals your purpose.

Spiritual goal

Find a place to serve and begin doing it.

ONE-TO-ONE DISCIPLESHIP MANUAL – CYCLE 1

WEEK 11

Personal Vision

Base text

Habakkuk 2:2

"Write the vision and make it clear..."

INTRODUCTION

Every disciple needs direction.

Without vision:

- gets distracted
- gets discouraged
- loses purpose
- does not advance

Spiritual vision keeps you focused on what God wants to do in you and through you.

What is spiritual vision?

It is not a desire
It is not an emotion
It is not a dream
It is not a personal idea

It is God's direction for your life.

Why is vision important?

Because vision:

- gives direction
- gives purpose
- focuses priorities
- feeds faith
- guides decisions

A life without vision becomes stagnant.

Vision creates discipline

When I have vision:

- I know what to do
- I know what not to do
- I know what to avoid
- I know what to prioritize

What you do TODAY determines what you will be TOMORROW.

Areas where God gives vision

God can give you vision in:

- marriage
- family
- ministry
- service
- finances
- character
- leadership
- evangelism
- holiness
- personal purpose

How to know if it comes from God

True vision:

- ✓ honors God
- ✓ builds your faith
- ✓ blesses others
- ✓ glorifies Christ
- ✓ remains in prayer
- ✓ is aligned with the Word

If it does not build your spiritual life, it does not come from God.

Practical activity

Write your spiritual vision for 2026:

My spiritual vision for this year is:

Three practical steps to fulfill it:

- 1.
- 2.
- 3.

Questions to discuss

- What do you feel God is asking of you in this season?
- What do you need to change to move forward?
- What concrete step will you take this week?

Weekly application

Daily prayer:

"Lord, give me clarity of vision."

Ask the Holy Spirit:

- what to change
- what to improve
- what to obey

Suggested prayer

"Lord, write Your vision on my heart. Speak to me, show me Your will, and guide me to walk in Your purpose. I want to live the year You designed for me. In the name of Jesus, amen."

Encouraging message

If God gave you vision,
He Himself will give you provision.

Key phrase

Vision is seeing what God sees for me.

Spiritual goal

Write a spiritual vision for your 2026 and begin walking in it.

ONE-TO-ONE DISCIPLESHIP MANUAL – CYCLE 1

WEEK 12

Closing and Sending

Base text

2 Timothy 2:2

"What you have heard from me... entrust to faithful men..."

INTRODUCTION

This is not the end of discipleship, it is the beginning of a discipling life.

The purpose was NOT only to learn,
but to be transformed, grow, and multiply.

Today we close this stage... and begin another.

What did we accomplish in these 12 weeks?

- ✓ Spiritual foundations
- ✓ Identity in Christ
- ✓ Habits
- ✓ Prayer life
- ✓ Sharing the faith
- ✓ Family prayer
- ✓ Christian character
- ✓ Spiritual warfare
- ✓ Service
- ✓ Spiritual vision

You have grown much more than you imagine!

Discipleship now becomes mission

You received to give
you learned to teach
you were formed to form
you were disciplined to disciple

Discipleship always ends in multiplication.

Jesus disciplined few, changed many

Jesus disciplined:

- 12 people
- 3 close ones
- 1 intimate

And changed the world.

You do not need everyone, you need one.

Discipleship is personal, not massive

It is not about quantity,
but about transformation.

One to one
person to person
heart to heart

What comes next?

Continue growing:

- continue praying
- continue reading
- continue studying
- continue obeying
- continue serving
- continue discipling

Closing practical activity

Write the following sentence and sign it:

"I commit to discipling someone in the next cycle."

Name: _____

Date: _____

Cycle evaluation

Questions:

- What changed in your life?
- What did you learn?
- What did God do in you?
- What will you do with what you learned?

Questions to discuss

- Whom would you like to disciple?
- What area of discipleship excites you the most?
- What do you want to improve in your own character?

Final assignment

- ✓ pray for "my one"
- ✓ ask for guidance
- ✓ be ready to disciple
- ✓ say "yes" to the calling

Suggested prayer

"Lord, thank You for what You have done in me during these weeks. Here I am to be used by You. Give me wisdom, love, patience, and grace to disciple someone else. Use me to multiply what You have planted in me. In the name of Jesus, amen."

Encouraging message

This cycle has ended...
but your mission is just beginning.

Key phrase

I am a disciple... and now I will form disciples.

Spiritual goal

Disciple one person during the next cycle.

Final declaration of the cycle

We move forward together.
We grow together.
We disciple together.

We multiply together
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